

NYS DOMESTIC AND SEXUAL VIOLENCE HOTLINE

800.942.6906

WHEN YOUR HOME  
ISN'T SAFE

TEXT. CALL. CHAT.

844.997.2121



TEXT CONFIDENTIALLY  
WITH A DV/SA  
ADVOCATE

800.942.6906



ACCESS REMOTE  
COUNSELING THROUGH  
YOUR LOCAL DV/SA  
PROGRAM.

OPDV.NY.GOV



CHAT PRIVATELY WITH  
DV/SA ADVOCATE ON A  
SECURE WEBSITE

ALL AVAILABLE 24 HOURS/DAY, 7 DAYS/WEEK

## FOR YOUR SAFETY

- Call 911 if you are in immediate danger and the police will respond.
- Seek treatment at a hospital emergency department if needed. Hospitals are open and a safe place to go for medical care.
- Add NYS resource info (above) in your cell phone under a fake contact name to avoid suspicion.
- Create a code word for friends and family that will tell them you need help.
- Know the areas in your home with a lock on the door.
- Prepare a go-bag with important documents, medication and extra clothing.
- Tell your family and friends where you will flee if you need to leave urgently.
- Talk with your children about safety so they have a sense of acceptable situations.
- Advocates are available to help you days, evenings and weekends.

opdv.ny.gov  



Office for the  
Prevention of  
Domestic Violence

Department  
of Health

Office of Children  
and Family Services

Office of  
Victim Services

Division of Criminal  
Justice Services



PHOTOGRAPH  
THIS  
INFORMATION  
FOR QUICK REFERENCE